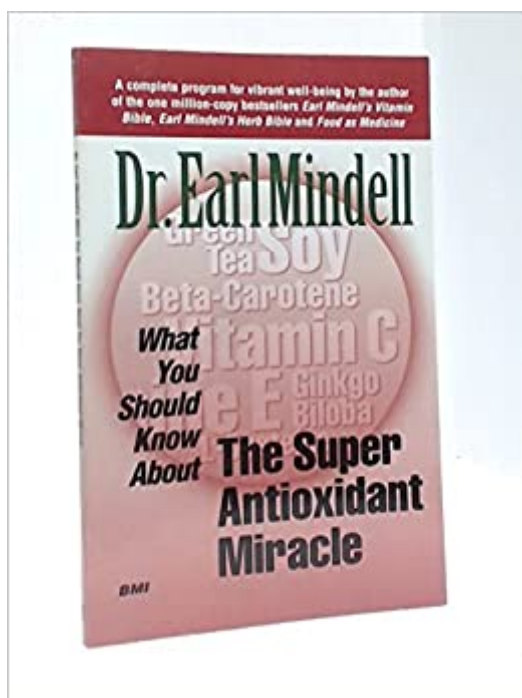


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# What You Should Know About The Super Antioxidant Miracle



## Book Information

Paperback

Publisher: Book Margins (1996)

ASIN: B000J4I1JO

Package Dimensions: 8 x 5.1 x 0.4 inches

Shipping Weight: 0.8 ounces

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #783,126 in Books (See Top 100 in Books) #75 in Books > Health, Fitness & Dieting > Nutrition > Antioxidants & Phytochemicals #269 in Books > Health, Fitness & Dieting > Nutrition > Vitamins & Supplements

## Customer Reviews

I bought this book for my girlfriend because I had already read this booklet and knew how many helpful hints it gave of antioxidants. I have been taking NAC for over 15 years, and this book gives a listing of the numerous benefits of NAC. It mentions several other antioxidants such as vitamin C and ginkgo biloba as well as green tea. NAC is definitely the best way to keep your lungs clear as well as keep your sinus tract from being congested. Smokers should definitely look into the benefits of NAC.

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